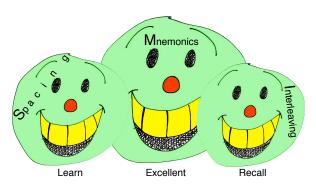
We have come to school



Mnemory Friendly Learning

Chorus Chords (Because...) We have come to school Α Em Em We have come to play D Em Em Α We have come to learn and remember Em Α Em G G For ever and a day F C F For ever and a day G7 G7 Verse Ace We are going to space out our learning well G

Chorus



Verse Bee (x2)

We are going to draw, write and sing We are going to use interleaving

To make it more rememorable

To make it more rememorable

Chorus



Verse Sea (x2)

We are going to show our eyes where to look By pointing underneath the words in our book

We are going to space out our learning well

Chorus



Verse Deed (x2)

We are going to make our learning fun
The best way to get more learning done.

Chorus



G A/A7

G A/A7

D

D

D

G

D



A is for ace; we have an ace memory.

We can remember what we want when we use it properly

There seems little point in learning something if we cannot recall it later. So, the first thing to understand is how to remember what we learn; how to make our learning rememorable. One way to do this is by using the spacing effect:

'The spacing effect ... is one of the most robust results in all of cognitive psychology and has been shown to be effective over a large range of stimuli and retention intervals...'

If we space out our learning, we remember more.



B is a bee, buzzing across the land, "Interleaving is the way to really understand."

Interleaving means mixing up our learning, and is the opposite of blocked or mass practice. Changing what, how, or where we learn, produces deeper long-term learning:

'The benefit of interleaving is found over a diverse set of stimuli ... Interleaving benefits not only memory for what is studied, but also leads to benefits in the transfer of learned skills.' ²

If we interleave our learning, we understand more.

Sea (C) - read more

C is the sea, often blue, sometimes green.

Show your eyes where to look so all the words get seen.

If we point underneath words as we read, we read quicker, understand the text better, and remember it for longer. ³

Deed (D) - learn more

D is for deeds, they are the things we do.

If you want to learn more effectively, this song is for you.

If we enjoy the learning process, we learn more.

Summary

The aim of education should be long-term memory. Happily, the techniques shown to improve long-term recall also result in deeper understanding.

So, focussing on memory improves all aspects of learning.

¹ and ² http://bjorklab.psych.ucla.edu/research.html

³ https://www.youtube.com/watch?v=B2pQAUqWGWw and https://www.youtube.com/watch?v=AGdrQ3NP-_k